

LA SOLANA TOWN CRIER

All the good news that's

From the President's desk:

To be resumed in January when Greg takes over. In the meantime we thank Jan for the many years, and countless hours during which she has been our leader. La Solana has thrived under her leadership. We join in wishing her a full recovery, a joyful holiday, and many more years as a La Solana resident.

From: Everyone at La Solana.
We love you Jan.



Our elves were caught in the act decorating the club. Doesn't it look grand?

La Solana Celebrates Thanksgiving

Living alone? Family away or out of town? No worries. La Solana is the friendliest place in Grand. If your home is La Solana, You are always home for the holidays. Neighbors gather. The social committee coordinates all the food, roasts the turkeys, shops, serves, decorates. Their goal? A full belly and a happy face.

In addition to enjoying all the edibles, La Solana residents donated over 100 canned food items and \$25 to St Mary's Food Bank. Disney may have it wrong. La Solana just may be the happiest place on earth.



Myong Phelan and Len Jacobson shared a smile together

Vicki Johnson and Terrie Ward served cold beverages.



Candace Ciavarella & Cheryl Eslen



Ben Willard, Karen Johnston and Barbara Magnusson enjoyed the fellowship.

Thanksgiving Feast: From the looks of this groaning board, no one attending went hungry. The library books took second place to the beautifully, tasty food prepared by those in attendance. La Solana knows how to celebrate



Thanksgiving photos by Jack Mumford

The Town Crier is only as good and as interesting as the news and photos **you** contribute. Without your news reporting, and photos with names, there isn't much of a Town Crier. Thank you to all who contributed to this edition. Keep those photos and articles coming. La Solana is the premier residence at The Grand. Proud to be part of the journey. adriennekirschner314@gmail.com/623-466-9068

Chair Yoga at La Solana

Perhaps you didn't know that Chair Yoga—a great exercise format for everyone—is offered, free of charge, to all residents—owners and renters and their guests—3 days a week in our clubhouse. Check the Club House schedule for exact days and times.

These three pictures were taken on Nov. 18 showing LaSolana's Chair yoga which is held three days a week in the clubhouse.

We were honored to have had Regina Angeleau from Winnipeg personally instruct us for a week. We were in good hands as she is a certified yoga instructor in Winnipeg. Regina was the house guest of Jane Groff from B.C. They have been friends for



Jane & Regina



many years and love to get together whenever possible and talk about their younger days.

We very much enjoyed having Regina with us. She tired us out while having fun exercising. Regina has PROMISED to come back next year for TWO weeks. We'll be in great shape after those two weeks.

Text and photos by Lois Mumford

Regina

Editor's Note: Notice the class is opened to men and women.

Preparing to Take Over the Family Finances...ALONE

In most households, one spouse handles the finances—Pays bills, monitors investments, etc.

The other spouse cooks meals, takes care of the family, is the family nurse and...much more. What happens if the financial spouse dies first—or becomes incapacitated?

The non-financial spouse is left in a pickle.

In preparation, the financial spouse needs to train the non-financial spouse—not an easy job, but vital. What if you're a **Widow, a widower, or divorced**? You need to train your kids, your heirs.

Forms will be provided to help keep it simple, and as reference information for the future. It may be 10 or 15 years before it's needed.

What needs to be done in the first week, the first month, the first year after a death?

A form will be provided to allow **consolidation of important documents**. Another will provide critical information on **what bills are paid, and how, and when**—and **what action** is required after a death for each account.

Both spouses are expected to attend. It isn't a one-way street. (Love can be expressed in different ways.)

Session 1: Gathering Essential documents and information; managing bills and accounts.

Session 2: Writing instructions; Preparing for Income Taxes; How Long Will Your Money Last.

Session 3: Wills, Trust, Power of Attorney; Passwords.

Attendees will be asked to voluntarily pay for supplies at a cost of \$15. (Cost For both spouses or an owner and one guest.) Renters are welcome. Each pair will receive a 3-ring notebook, flash drive storage device, and a 27-page handout. The teacher is a volunteer. No honorarium.

March 4th at 1 PM

March 11th at 1 PM

March 18th at 1 PM

Classes will take place in the La Solana Club House

A sign-up sheet is available in the La Solana office.



Veterans Day Nov 11, 2025



Our
freedom
came at a
great cost.
These
young
men and



women gave their youth and carried their scars. They stood where and when no others would or could, they're sacrifice built the peace this nation lives in today we here at La Solana are glad to be among one of the many with head held high and shoulder to shoulder to shake their hands saying face-to-face, thank you for your service and for being our friends, we would like to thank all who has gone before us who are here with us who are serving in the and training today thanks goes to the United States and allies veterans for their sacrifices that gave our great nation, freedom. We will never forget.

Our program began with 30 minutes of quiet which allowed everyone time to take pictures of MIA table and cake and visiting.

Celebration began with prayer led by Chuck Hancock..

La Solana had 26 veterans from all branches. They were introduce as the music of each branch was played by Pam Miller.

Chuck Hancock then introduced our guest speaker, retired Sergeant First Class Manuel Zavala.

By Patricia Bachman

And Now For the News From The

La Solana is such an amazing place to live that it that we live in The Grand and that what impacts impacts us. What is happening at The Grand is each of us. Don't be afraid to exit onto Mountain explore our beautiful greater community.

- If you don't already subscribe, get the free Sign up for News of the Day. There is much great deal of important information, safety entertainment both free and ticketed, volunteer, and more.
- Read the monthly LifeStyles magazine. You are a subscriber. Free copies available in the Club House.
 - December issue has an update on all that has been accomplished this past year-the Year in Review.
 - Financial standing, reserves and CARE funds, 2026 HOA fees
 - Updates on our golf courses including an article on Golf courtesy.
 - Page 19—the monthly free ad featuring La Solana!!
 - Pages 40 & 41 feature two months of entertainment at The Grand, mostly free
 - Travel opportunities p 45
 - Grand Learning classes pages 48-51 including tea tasting and appetizers
 - Club Connections pages 54-63, from the Armed Forces Support Group to Woodcrafters. There's a club for everyone. (I belong to half a dozen!) Not interested in any clubs? Join an interest group P 66-69.
 - New fitness challenge coming up with reduced cost for multiple classes. Fitness challenge p 36 for details
 - Holiday Golf Car parade on Wed Dec 11. The parade route map is listed on the Grand Ap news of the day. Don't miss out.
 - Fitness classes at both Adobe and Cimarron—daily schedule pp 38 & 39



Grand

is easy to forget The Grand, available to View Blvd and

Grand App. going on, a tips, opportunities to

Parade of Toys: The marvelous wood workers displayed their annual toy collections of over 1200 hand made toys—all to be donated to 6 local charities. Our own Dallas Reynolds is one of those wood workers who devotes countless hours & \$\$\$ to this toy drive. When we give of our time, our expertise, even our money, we get so much more in return.

Thank you to all of the devoted volunteers at La Solana: our social committee, the gardening devotees, building captains, set up and clean up crews, photographers and writers who contribute to the newsletter, and to so many more. And to our great Staff, Patti, Karla, and Mike, who go beyond their job descriptions. Without you La Solana would not be the amazing place to live that it is.

Happy Holidays to All of you. Be Safe. Be Kind. *Adrienne & Stan*

